



2009

# EMS

*the heroes among us...*

## Conference

ROCHESTER, MINNESOTA



March 19-21, 2009

**Mayo Civic Center**

Keynote Presenter

**Ronald R. Willis**

Mental Health Consultant

President

Green Porch Swing Productions



**25<sup>th</sup>**



**ANNIVERSARY**

**Thursday,  
March 19, 2009**

8:30 a.m.  
Registrations &  
Refreshments

9:00 a.m.  
A. The Basic Airway  
B. Snakes Native to MN  
C. Grain Bin Rescue  
(Part I)  
D. Protecting Yourself

12:00 p.m.  
Lunch is on your own

1:30 p.m.  
Repeat of a.m.  
sessions EXCEPT  
C. Grain Bin Rescue  
(Part II)

4:30 p.m.  
Adjournment

**Thursday, March 19, 2009**

Pre-Conference **9:00 a.m. – 12:00 Noon**

### **A. The Basic Airway—A Hands On Approach**

Jeff Schultz, NREMT-P, CCEMT-P

This program will give the participant a deeper look into airway management and will include hands-on training with lungs and tracheas. We will be exploring all kinds of airways both basic and advanced and how they work. Airways can be difficult to handle, this hands-on review will help and gives you a better insight into airway management.

### **B. Snakes Native to SE Minnesota: Identification & Conservation**

Jaime Edwards, MS, BS Nongame Wildlife Specialist, MN DNR  
Joan Hankins, RN, EMT Flight Nurse, Mayo Clinic Medical Transport

During this session, you will learn how to identify the most common snake species living in SE MN, including the timber rattlesnake. Information on how to recognize and treat a venomous snake bite will also be presented. Several live snakes will be on display for identification.

### **C. Grain Bin Rescue Awareness**

Tim Zehnder, Fire & Rescue Training Program Manager

The student will learn how to perform at a Bin Rescue/Recovery accident through lecture (Part I) and participation in a very realistic exercise using a self-contained bin prop (Part II). Ropes, rigging and packaging of patients will be demonstrated as well as practiced by the students. Students should bring a helmet, rope gloves, and fire or work boots. *Participants with no prior fire/rescue training will only be able to observe.*

### **D. Protecting Yourself from a Physical Encounter**

Terry Waletzki, Captain, Olmsted County Sheriff's Office  
Mark Erickson, BS, Captain, Olmsted County Sheriff's Office

*Are you prepared to defend yourself when the patient turns violent or the family interferes?* This session will give you an understanding of MN statutes on what you can & cannot do, the importance of verbal skills in de-escalating the situation, and simple techniques to protect yourself if needed. Special equipment including striking bags will be available for the practice scenarios.

**1:30 – 4:30 p.m.** *Morning sessions are repeated EXCEPT Bin Rescue/Recovery session. The afternoon is second half of presentation*

4:30 p.m. Adjournment

**Friday,  
March 20, 2009**

7:30 a.m.  
Registration &  
Refreshments

7:45 a.m.  
Welcome. Review  
Schedule for Day

8:00 a.m.  
General Session –  
Henry J. Schiller, MD

9:30 a.m.  
Breakout Sessions

10:30 a.m.  
Refreshment Break &  
Exhibit Area Open

11:00 p.m.  
Breakout Sessions

12:00 p.m.  
Lunch & Exhibit Area  
Open

1:00 p.m.  
General Session –  
Christopher D. Spahr,  
MD

2:00 p.m.  
Breakout Sessions

3:00 p.m.  
Refreshment Break &  
Exhibit Area Open

3:30 p.m.  
General Session  
Ron Willis

5:00 p.m.  
Adjournment

6:00 p.m.  
*Food &  
Fun Night  
in Exhibit Hall*

**Friday, March 20, 2009**

Presentation Selections

## GENERAL SESSIONS

**8:00 a.m.**

**War Surgery**  
Henry J. Schiller, MD

Presentation brings you front line cases from Afghanistan and Iraq. It includes an understanding of injury patterns seen in a combat zone and field expedient care. Also address's some of the new and innovative materials seen and used in combat such as Quik Clot and others. This presentation will keep you on the edge of your seat. It is filled with stories and pictures relating to the cases that Dr. Schiller was the primary attending physician.

**1:00 p.m.**

**Pediatric Trauma: Focus on Mechanisms of Injuries and their Outcomes**

Christopher D. Spahr, MD

This presentation will focus on pediatric trauma, including head injuries, falls, motor vehicle accidents & abuse. Dr. Spahr will describe the differences that relate to pediatrics that are affected by trauma. Participants will have a better understanding of why these types of injuries occur and how to treat them in the field.

**3:30 p.m.**

**I May Not be a Shining Star  
but I Hope I Twinkle Just a Little**

Ron Willis

Ron reinforces how the problems around us are often not as significant as the people who surround us. Appreciate the impact of self-awareness over self-esteem and come away with work place principles that can enrich relationships.

# BREAKOUT SESSIONS

9:30 & 11:00 A.M. & 2:00 P.M.

## **Mass Fatality Planning**

Timothy Koch

The presentation is about the resources available to local emergency managers, medical examiners and other officials when a disaster strikes and when the local mortuary services are overwhelmed. He will discuss the Disaster Mortuary Emergency Response Team (D-MERT) and the Disaster Portable Morgue Unit (DPMU).

## **Autism; The Cause and Affect on the Child and Family**

Brad Trahan

Presenter will address how autism affects the child and their family members. He will discuss characteristics of a child with autism and how the number of autistic children is growing in an alarming rate. Presentation will focus on the important things to remember when assessing and caring for patients with autism either in the field or in the emergency room.



## **I've Fought Less Fires Since Recognizing I Was The Arsonist**

Ron Willis

This presentation is uniquely suited to all of us who, while under mounting demands and relentless responsibilities, have ever become frustrated, lost hope or lashed out. Presenter applies the life principles to "quench" flames in communication, smoldering relationship & burning issues.



## **Emergency Care of Morbidly Obese Patients**

Tom Beniak, NREMT-P

With the prevalence of obesity in the U.S. population over doubling in the past twenty years, the increased frequency of responding to the needs of these bariatric patients poses several challenges to the EMS provider. This presentation will touch on overcoming the difficulties of moving and transporting this patient population, as well the numerous complications relating to medical treatment involved with this patient population.



## **Pediatric Trauma Case Studies**

Terri Bergeron MS, RN

This presentation will be a case based format to review the essential elements in providing high quality care to pediatric trauma patients. Topics that will be highlighted include mechanism of injury, anatomy and physiology, and clinical care components for an injured pediatric patient.

# **FOOD & FUN NIGHT!**

- **Silent Auction!**
- **EMS Trivia**
- **Family Feud**
- **Other fun events!!**

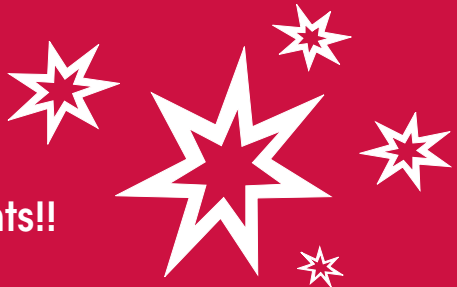


Exhibit Hall, Mayo Civic Center

Friday, March 20, Starting at 6:00 p.m.

**Saturday,  
March 21, 2009**

**7:30 a.m.**  
Registration &  
Refreshments

**7:45**  
Welcome. Review  
Schedule for Day

**8:00**  
General Session –  
Ron Willis

**9:30**  
Breakout Sessions

**10:30**  
Refreshment Break &  
Exhibit Area Open

**11:00**  
Breakout Sessions

**12:00**  
Lunch & Exhibit Area  
Open

**1:00**  
EMS Tribute

**1:15**  
General Session –  
Daniel G. Hankins, MD

**2:15**  
Breakout Sessions

**3:15**  
Refreshment Break &  
Exhibit Area Open

**3:30**  
General Session –  
Ron Willis

**5:00**  
Adjournment

**Saturday, March 21, 2009**

Presentation Selections

## GENERAL SESSIONS

**8:00 a.m.**

### **In Case We Need to Eat Our Words, Let's Make Sure Some are Sweet & Tender**

Ron Willis

Presenter reminds participants of the sensitive principles of communication with staff, patients, parents and children who are frustrated and frustrating! It serves also as a wonderful review when communicating with those we are privileged to live with and love.

**1:15 p.m.**

### **Putting the BITE on Rabies**

Daniel G. Hankins, MD

In this presentation we will be discussing what types of exposures put patients at risk for rabies. We will also discuss the fatal nature of rabies and why the EMS provider must be able to recognize and treat possible exposures to rabies.

**3:30 p.m.**

### **Lighting Your Candle & Fanning Its Flame**

Ron Willis

This keynote is targeted toward all who from time to time, grow weary and discouraged in service and education to others. It is particularly suited for care givers of all disciplines. Participants have been inspired by this up-lifting message of taking good care of ourselves so we have the energy to care for others. Ron will advocate personal character growth through adherence to daily life principles.

# BREAKOUT SESSIONS

9:30 & 11:00 A.M. & 2:15 P.M.

## **Ventricular Assist Devices (VAD) and Medical Emergencies: How will you respond?**

Chad Liedl, MS, RN, CEN

This presentation will provide a brief overview of the expanding VAD therapies and technologies people are living with in our communities. Care and management considerations of the VAD patient for pre-hospital emergency medical providers will be discussed. The goal of the presentation will be to provide participants with an organized approach for managing a VAD patient with a medical emergency.

## **Another S.O.B.™ Respiratory Emergencies**

Jeff Schultz, NREMT-P, CCEMT-P

Presentation will address the common causes of respiratory distress and their treatments. This will also include lung sound audio and identification of the ever so confusing array of sounds that come from our airways.



## **Where Burn Injuries Meet You in the Street**

Joe Jensen, RN, EMT-P

Burns truly define the term "Distracting Injuries". We will use information on thermal, chemical, and electrical injuries to explore case studies and define initial treatment strategies.



**Hyperbaric Chambers:  
Past, Present and Future Uses In Medicine**

Rob Fuque

This presentation will touch on the history of hyperbaric chambers, as well provide an update on the current knowledge of hyperbaric medicine and its clinical applications. Learn how hyperbaric pressure chambers provide an "atmosphere of healing" for otherwise non healing wounds, treat carbon monoxide poisoning victims and more. This presentation will also take us into the future by sharing potential future uses of this exciting treatment.

**Farm Accidents: Split Seconds/Split Lives**

Alan Beckstrom, NREMT-P/CCEMT-P

This program will help the pre-hospital and hospital providers to recognize the common mechanisms and associated injuries as related to farm accidents. It will also provide appropriate interventions and rescue techniques.

**Teen Suicide: At Risk and in Crisis  
In America's Classroom**

Ron Willis

The seminar will provide understanding of the suicidal teen including early warning signs, lethality evaluation, immediate crisis intervention and long-range deterrents. Ron discusses the importance of teens understanding basic intervention strategies that disrupt suicidal ideation.

*(PART I - 9:30 a.m., & PART II - 11:00 a.m. NOT REPEATED AT 2:15)*



# FACULTY

**Alan Beckstrom, NREMT-P, CCEMT-P**

Flight Paramedic  
Mayo Clinic Medical Transport

**Thomas Beniak, NREMT-P**

Assistant Coach of Ambulance Operations  
Rochester and Austin Gold Cross  
Ambulance Mayo Clinic Medical  
Transportation

**Terri Bergeron, MS, RN**

Pediatric Trauma Coordinator  
Mayo Clinic Trauma Center

**Jaime Edwards, MS, BS**

Bluffland Nongame Wildlife Specialist  
MN Department of Natural Resources

**Rob Fuqua**

Safety & Technical Director  
Hyperbaric & Altitude Medicine  
Mayo Clinic

**Mark Erickson, BS, Captain**

Olmsted County Sheriff's Office  
MBCA Instructor Taser,  
PPCT Defensive Tactics

**Daniel G. Hankins, MD**

Consultant, Department of Emergency  
Medicine  
Co-Medical Director, Gold Cross Ambulance  
& Mayo Clinic Medical Transport  
Assistant Professor of Emergency Medicine

**Joan Hankins, RN, EMT**

Flight Nurse  
Mayo Clinic Medical Transport

**Joe Jensen, RN, EMT-P**

Staff Nurse, Regions Hospital Burn Center  
EMS Instructor, Regions Hospital EMS

**Timothy Koch, Licensed Mortician**

Mortician Investigator, Mortuary Science  
Minnesota Department of Health  
Disaster-Mortuary Emergency Response  
Team (D-MERT)

**Chad Liedl, MS, RN, CEN**

Nursing Education Specialist  
Mayo Clinic Medical Transport

**Henry J. Schiller, MD**

Medical Director Mayo Clinic Trauma  
Center  
Consultant, Division of Trauma, Critical Care  
Associate Professor of Surgery

**Jeffrey Schultz, NREMT-P, CCEMT-P**

Mayo Clinic Medical Transport

**Christopher D. Spahr, MD**

Chair, Division of Pediatric and Adolescent  
Emergency Med.  
Senior Associate Consultant, Department of  
Emergency Medicine  
Mayo Clinic

**Brad Trahan**

Executive Director  
RT Autism Awareness Foundation, Inc.  
Chair, Minnesota Autism Task Force

**Ron Willis**

Mental Health Consultant  
President, Green Porch Swing Productions  
Member, National Speakers Association

**Terry Waletzki, Captain**

Olmsted County Sheriff's Office  
Lead Instructor, RCTC  
Law Enforcement Skills Program  
Part Owner Pyramid Concepts INC (PCI).  
PCI has been instructing firearms and  
personal safety courses

**Tim Zehnder, EMT State Fire Instructor**

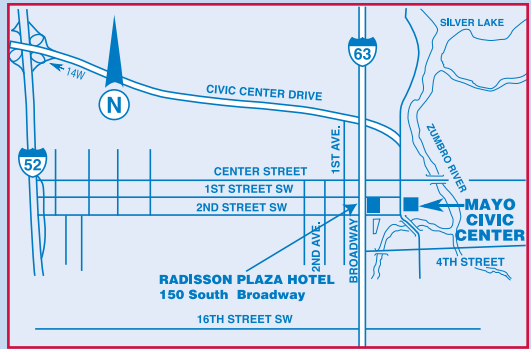
Fire & Rescue Training Program Manager  
South Central College  
Rescue Capt. Truman Fire & Rescue

## SITE

Thursday, March 19, Friday, March 20 & Saturday, March 21, 2009  
Mayo Civic Center, 30 Civic Center Drive SE, Rochester, MN

## ACCREDITATION

Programs have been designed to meet the continuing education requirements for six contact hours for Thursday, seven contact hours each for Friday and Saturday (20 total three-day Conference) for EMT's, peace officers and nurses.



## ACCOMMODATIONS

Radisson Plaza Hotel Rochester, 150 South Broadway, is offering Conference participants a discounted room rate of \$74 (SGL or DBL) plus tax and free parking in the 2nd Street ramp connected to the hotel. Amenities include free high-speed Internet access, voicemail, ironing board and in-room coffee maker; swimming pool, sauna, whirlpool and exercise room. The hotel features two restaurants and a lounge. It is connected by a climate-controlled skyway to the Mayo Civic Center. For reservations, please call 800-333-3333 or 507-281-8000. Guests paying by check must pay one night's deposit plus \$30 phone deposit upon check-in. Unused phone deposit will be refunded upon departure. Refer to the Southeast Minnesota Emergency Medical Services Conference to receive the special discounted rate.

**Room reservations must be made by March 11, 2009.**

## REGISTRATION

Pre-conference registration is \$35 for each session OR \$60 for both sessions (*Bin Rescue is a two-part session totaling \$60*). Conference registration fee for EACH day is \$65 before February 6, \$80 before February 28 or \$100 after March 6 or AT THE DOOR. No confirmation letters will be sent. Registrant will only receive notice if Conference is FILLED. **Deadline for pre-registration is March 6. NO REFUNDS AFTER THIS DATE.** There is a \$15.00 processing fee for cancellations before the deadline.

### Cancellations, Substitutions, Walk-ins:

Cancellations after March 6 or non-attendance are subject to the entire Conference fee. Substitutions may be made on the Conference day at the Walk-ins registration area. Walk-ins must report to the designated registration area **with payment** (check or purchase order) in the amount of \$100 per Conference day.

Registration fees for all events include refreshment breaks, lunch (excluding pre-conference), continuing education certificates, and all program materials. Make check payable to SE Minnesota EMS and mail with registration form to: SE Minnesota EMS, 1130 1/2 7th Street NW, Rochester, MN 55901.

**SUBSTITUTIONS:** In the event of an emergency, Southeast MN EMS reserves the right to substitute an equally-qualified speaker.

## INCLEMENT WEATHER

The conference will be held regardless of weather conditions. No refunds will be given for those unable to attend.

**For more information on program or accommodations, call 507.536.9333 or 1.800.850.3397.**

# 2009 EMS

*the heroes among us...*

ROCHESTER,  
MINNESOTA

## Conference



### Registration fees

PRE-CONFERENCE:     9 AM                       1:30 PM                       Both/Bin Rescue  
March 19                      session (\$35)                      session (\$35)                      (\$60)                      \$ \_\_\_\_\_

(Please indicate days)     Friday, March 20                       Saturday, March 21

EARLY REGISTRATION BEFORE FEBRUARY 6                      \$65                      \$65                      \$ \_\_\_\_\_

REGISTRATION BEFORE MARCH 6                      \$80                      \$80                      \$ \_\_\_\_\_

AT THE DOOR MARCH 20 & 21                      \$100                      \$100                      \$ \_\_\_\_\_

**DEADLINE FOR PRE-REGISTRATION IS MARCH 6. NO REFUNDS AFTER THIS DATE.**

**TOTAL DUE**    \$ \_\_\_\_\_

**NAME** PLEASE PRINT LEGIBLY

**DAYTIME PHONE**

**ADDRESS** STREET/RURAL ADDRESS, OR PO BOX PLEASE

Home     Work

**CITY**

**STATE**

**ZIP**

**AFFILIATION**

**COUNTY**

**CERTIFICATION:**

MD     RN     LPN

EMT-P     EMT

First Responder

Peace Officer

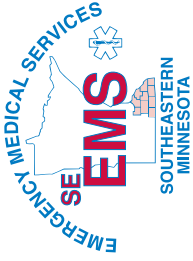
Other:



Make check payable to:  
**SE Minnesota EMS**

Mail with this form to:  
1130 1/2 7th Street NW, Ste. 201  
Rochester, MN 55901

PRESORTED STD  
U.S. POSTAGE  
**PAID**  
MINNEAPOLIS, MN  
PERMIT NO. 3395



**SE Minnesota EMS**

1130 1/2 7th Street NW Ste. 201  
Rochester, MN 55901

